

MEMORANDUM

To: Executive Directors of DSN Boards; CEOs of Contracted Providers; Day Program Directors; Residential Directors; Independent Living Skills Directors; and Employment Specialists

From: Constance Holloway, Esq. Office Director *CDH*

Date: February 4, 2026

Subject: Trauma-Informed Care Training

Research shows that people with Intellectual and Developmental Disabilities (IDD) are 3 to 4 times more likely to experience traumatic events such as abuse, neglect, social exclusion, and loss. Trauma-Informed Care is an approach that acknowledges the prevalence and impact of trauma and integrates this understanding into all aspects of service delivery. This approach also emphasizes safety, trustworthiness, choice, collaboration and empowerment for those affected. For the IDD population, Trauma-Informed Care is particularly important because trauma may manifest through changes in behavior, communication, emotional regulation or physical health rather than through verbal disclosure. Behaviors often labeled as challenging may be expressions of unmet needs, fear or past traumatic experiences.

A training titled “From Surviving to Thriving: Trauma-Informed, Dialectical Behavioral Therapy (DBT) Informed Supports for Adults with Complex Needs” will be provided on Thursday, February 26, 2026, from 9:30 am - 12:30 pm, on the South Carolina State Health Campus. This training is recommended for day, residential, employment, and independent living skills providers and staff. The purpose of this training is to build competency in recognizing trauma and develop practical skills for supporting people impacted by trauma.

This is an in-person event and spaces and parking are limited. Priority will be given to those who submit their registration first. Use the link below to register for the training. Registration will end at the close of business on Thursday, February 19, 2026, or once the training has reached capacity. Providers are strongly encouraged to carpool whenever possible to help reduce parking congestion. The Provider Training Guide and Directions to the SC Health Campus are attached for your convenience.

[CLICK HERE TO REGISTER!](#)

If you have questions, please contact Becky.Peters@ddsn.sc.gov.

Thank you.