



SOUTH CAROLINA DEPARTMENT OF MENTAL HEALTH

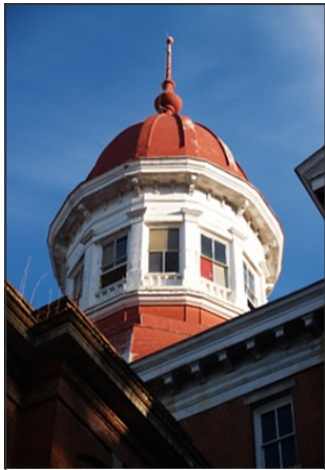
Interim State Director Mark W. Binkley, J.D.

CHARLESTON DORCHESTER MENTAL HEALTH CENTER

Executive Director Jennifer Roberts, M.S.Ed., LPC

Fall 2019

**DMH
MISSION:
TO SUPPORT THE
RECOVERY
OF PEOPLE WITH
MENTAL
ILLNESSES.**



Babcock Building Cupola

**DMH HOSPITALS AND
NURSING HOMES**

Columbia, SC

G. Werber Bryan Hospital

Morris Village Alcohol & Drug
Addiction Treatment Center

C.M. Tucker, Jr. Nursing Care
Center - Stone Pavilion
(Veterans Nursing Home)

C.M. Tucker, Jr., Nursing Care
Center - Roddey Pavilion

Anderson, SC

Patrick B. Harris Hospital

Richard M. Campbell
Veterans Nursing Home

Walterboro, SC

Veterans Victory House
(Veterans Nursing Home)

DMH HISTORY AND DEMOGRAPHICS

South Carolina has a long history of caring for those suffering from mental illness. In 1694, the Lords Proprietors of South Carolina established that the destitute mentally ill should be cared for by local governments. The concept of "Outdoor Relief," based upon Elizabethan Poor Laws, affirmed that the poor, sick and/or disabled should be taken in or boarded at public expense. In 1762, the Fellowship Society of Charleston established an infirmary for the mentally ill. It was not until the 1800's that the mental health movement received legislative attention at the state level.

Championing the mentally ill, South Carolina Legislators Colonel Samuel Farrow and Major William Crafts worked zealously to sensitize their fellow lawmakers to the needs of the mentally ill, and on December 20, 1821, the South Carolina State Legislature passed a statute-at-large approving \$30,000 to build the South Carolina Lunatic Asylum and a school for the 'deaf and dumb'.

The Mills Building, designed by renowned architect Robert Mills, was completed and operational in 1828 as the South Carolina Lunatic Asylum. The facilities grew through the decades to meet demand, until inpatient occupancy peaked in the 1960's at well over 6,000 patients on any given day. Since the 1820's, South Carolina state-run hospitals and nursing homes have treated

approximately one million patients and provided over 150 million bed days.

In the 1920's, treatment of the mentally ill began to include outpatient care as well as institutional care. The first outpatient center in South Carolina was established in Columbia in 1923.

The 1950's saw the use of phenothiazines, "miracle drugs" that controlled many severe symptoms of mental illness, making it possible to "unlock" wards. These drugs enabled many patients to function in society and work towards recovery, reducing the need for prolonged hospitalization. Government support and spending increased in the 1960's. The South Carolina Community Mental Health Services Act (1961) and the Federal Community Health Centers Act (1963) provided more funds for local mental health care.

The South Carolina Department of Mental Health (DMH) was founded in 1964. In 1967, the first mental healthcare complex in the South, the Columbia Area Mental Health Center, was built. Since then, the Centers and clinics have served more than three million patients, and provided more than 42 million clinical contacts.

Today, DMH operates a network of 16 community mental health centers, multiple clinics, three hospitals, three veterans' nursing homes, one community nursing home, a Forensic Program, and a Sexually Violent Predator Treat-

ment Program (SVPTP). DMH is one of the largest hospital and community-based systems of care in SC.

In response to community needs, DMH has developed multiple innovative programs, two of which are its School Mental Health Services (SMHS) and Telepsychiatry. As of July 2019, DMH's SMHS has mental health professionals embedded in more than 700 public schools and serves thousands of children per year. DMH Telepsychiatry utilizes state-of-the-art equipment that allows doctors to see, speak with, and evaluate patients from remote locations. DMH provides telepsychiatry in its clinics, hospitals, and 23 community hospital emergency departments. DMH Telepsychiatry programs have provided more than 118,000 comprehensive evaluations and services.

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NURSING HOMES,
AND ONE
COMMUNITY
NURSING HOME.**



**CHARLESTON MENTAL HEALTH CLINIC
2100 CHARLIE HALL BOULEVARD
CHARLESTON, SC 29414**

**DORCHESTER MENTAL HEALTH CLINIC
106 SPRINGVIEW LANE
SUMMERVILLE, SC 29485**

CHARLESTON DORCHESTER MENTAL HEALTH CENTER

The Charleston Mental Hygiene Clinic, established in 1928, expanded over the years to serve both Charleston and Dorchester counties and in 1968 changed its name to the Charleston Dorchester Mental Health Center (CDMHC).

CDMHC services include: crisis intervention, psychiatric and medical assessments, triage, referrals, individual, family, and group therapy, vocational and rehabilitative services, certified peer support, care coordination, and more. The services provided at CDMHC help families remain safely intact, keep children in their homes and schools, and help adults function in the community as safe and productive citizens.

CDMHC has a value driven culture that emphasizes patient-focused, recovery-oriented programs, accountability, customer-friendly service, and data-driven decision making.

The three greatest strengths of the CDMHC are its innovative programming designed by its creative staff; its excellent relationships within the community that enable the center to implement diverse programming and increase access to treatment, and finally, its focus on the recovery of those served by the center. CDMHC is visited by other entities to observe some of its unique programming such as Assessment/Mobile Crisis, the Tricounty Crisis Stabilization Center, and the Highway to Hope mobile treatment RV.

CDMHC continues to focus upon providing evidenced based programming and best practices.

CDMHC is accredited by the Commission on Accreditation of Rehabilitation Facilities in the areas of outpatient treatment: adults and outpatient treatment: children and adolescents.

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Jennifer Roberts, LPC
Executive Director CDMHC

JENNIFER ROBERTS, EXECUTIVE DIRECTOR

Ms. Roberts is the Executive Director of The Charleston Dorchester Mental Health Center (CDMHC).

She received her Masters of Science Degree in Education in 1991 from Old Dominion University. She has been a Licensed Professional Counselor for 20 years and received her South Carolina Certified Public Manager credential in 2006.

Ms. Roberts has worked for The Charleston Dorchester Mental Health Center for 25 years.

She began her career as a child and family therapist where she provided treatment to children and their families for approximately 10 years.

She held a variety of management positions across the center, where she supervised treatment, emergency, and administrative teams serving adults and children.

She was the Chief of Staff and Performance Improvement Director for several years before accepting her current position of Executive Director.



TRICOUNTY CRISIS STABILIZATION



Tricounty Crisis Stabilization Center (TCSC) is a 10-bed, voluntary adult crisis unit serving Berkeley, Charleston and Dorchester counties. This unit is designed to provide an urgent treatment option for individuals experiencing psychiatric symptoms which may require medication adjustments and/or counseling support. Historically, individuals experiencing these needs would go to the local hospital emergency departments or jail. TCSC provides an alternative treatment option with a goal of

diverting individuals from unnecessary ED and jail visits when possible.

Some of the conditions most frequently treated at TCSC are:

- Depression
- Anxiety
- Suicidal thoughts
- Bipolar Disorder

TCSC is a short-term treatment option, with an average length of stay of 2.8 days. The focus of the unit is to stabilize symptoms and stressors, which led to the

individual's crisis, and help them to transition back to their natural support systems as quickly as possible. Certified Peer Support Care Coordination and entitlement services are also offered at TCSC.

TCSC is open and accepts admissions 24/7. Since this is not a locked unit, like a hospital, all patients must be willing to stay at TCSC and participate in the clinical program. TCSC accepts referrals from local hospitals, mental health providers, and local law enforcement.

HIGHWAY TO HOPE

The Highway to Hope Project provides psychiatric care to adults and children in remote areas of Charleston and Dorchester counties. These are identified areas where individuals may have a limited ability to access healthcare services.

Charleston Dorchester Mental Health Center professionals meet people in the community to help improve access to care.

Highway to Hope provides a full range of services to include crisis intervention, assessment, case management, individual and family

therapy, and medication management.

When a patient arrives at the Highway to Hope RV, they meet with a counselor who will have the full support of a psychiatric team that includes a psychiatrist, nurse and other mental health professionals.

It is available Monday through Thursday from 8am to 5pm at select locations.

(go to www.charlestondorchesterhmc.org/special-programs for updated locations)

Fees for services are based on an individual's and family's ability to pay. Third party payments through private insurance, Medicaid, Medicare and self pay are accepted.

No one is turned away due to inability to pay.



The Highway to Hope RV

CERTIFIED PEER SUPPORT SERVICES PROGRAM

The Certified Peer Support Program gives patients access to and support from individuals who have walked in their shoes. These individuals have gone through treatment, have expressed an interest in giving back and have committed themselves to the program by participating in an intensive training/certification program.

The program is available at both clinics for patients.

Peer specialists use a variety of recovery tools, personal recovery stories and community networking to assist peers in recognizing the opportunities of living the life he/she wishes to live.

The job of the Certified Peer Support Specialist does not replace clinical mental health staff, but offers additional and/or alternative options to help patients in their efforts to recover.

The program offers several services to include:

- 1-on-1 Peer Support
- Group Programs and Discussions
- Crisis Support
- Independent Living Skill Development
- And much more!





SCHOOL MENTAL HEALTH SERVICES

Charleston Dorchester Mental Health Center provides mental health treatment services in 111 schools in Charleston and Dorchester counties.

School mental health services is a comprehensive, integrated, evidence and strength based program that serve the mental health needs of school-aged children in a non-stigmatized school setting.

The Program seeks to identify and intervene at early points in the emotional disturbance and assist parents, teachers and school

counselors with the application of evidence-based interventions for resolving these disturbances.

School mental health services focus on prevention and early intervention for youth at risk.

Our school mental health clinicians provide mental health assessments, individual therapy, family therapy, group therapy and case management services for the child and family served.

Families must agree to participate in treatment to

meet inclusion criteria.

When needed, students may be referred out into the community for specialized services.

DORCHESTER CLINIC WALKING GROUP

The walking group at the Dorchester Clinic has become a fantastic source of support and encouragement for patients.

In 2016, a grant sponsoring the walking group was approved—paving the way for the creation of a very special clinic program.

The walking group has provided a social outlet, an opportunity to learn from others, and a means of support that participants have found to be invaluable.

This active and diverse group of individuals have been able to learn from the unique perspectives of each

member of the group and they have bonded together to commit to a healthier lifestyle.

Each year the group participates in the Charleston Cooper River Bridge run.

The most valuable part of the group for many has been the opportunity to interact with people outside of school, work and treatment.

As one group member recently declared, *“These marvelous, warm and caring individuals have made such a difference in my life.”*





TO SUPPORT THE RECOVERY OF
PEOPLE WITH MENTAL ILLNESSES.

**SC DEPARTMENT OF
MENTAL HEALTH**

2414 Bull Street
Columbia, South Carolina 29201

Phone: (803) 898 - 8581

WWW.SCDMH.ORG

Charleston Mental Health Clinic

2100 Charlie Hall Boulevard
Charleston, SC 29414
(843) 852-4100

Dorchester Mental Health Clinic

106 Springview Lane
Summerville, SC 29485
(843) 873-5063

WWW.CHARLESTONDORCHESTERMHC.ORG

HOURS OF OPERATION



Charleston Mental Health Clinic
Monday-Friday 8:30a.m. – 5:00p.m.



Dorchester Mental Health Clinic
Monday, Thursday, and Friday 8:30a.m. – 5p.m.
Tuesday and Wednesday 8:30 a.m. – 7p.m.