

PMHCA Individual Consultations: Pediatric Mental Health Care Access Program

Activity Goals:

- Increase participant's utilization of their state's Pediatric Mental Health Care Access (PMHCA) program for provider-to-provider consultation by 25% from the participant's prior year of use.
- Improve participants' sense of professional fulfillment as demonstrated by changes in scores of the Professional Fulfillment Index.
- Prompt an increase of 10% in the scores for the professional fulfillment items and a 10% decrease in the scores for work exhaustion and interpersonal disengagement items.

Target Audience: Prescribing health professionals in South Carolina and Mississippi who see patients between the ages of 0-21 years and who may manage mental and behavioral health conditions in their practice.

Duration: Approximately 1 hour per consultation

Prerequisite: Completion of the *PMHCA Initiating Activity*

Instructions: To receive CME credit for this activity, participants must:

- Schedule and complete an initial consultation with their state's PMHCA program (YAP-P in South Carolina, CHAMP in Mississippi).

Consultations must be completed within 6-12 months of completion of the initial Professional Fulfillment Index.

Learners can complete up to seven individual consultations for a maximum of 7 CME credit hours.

This activity was developed in collaboration with Youth Access to Psychiatry Program, the South Carolina Department of Mental Health, and the University of Mississippi Medical Center– Children's of Mississippi.

Disclosures: Planning committee members, Eve Fields, MD, Victoria Scott, PhD, MBA, Ramkumar Jayagopalan, MD, Mimi McCully, MSN, CPNP, IBCLC, Dustin E. Sarver, PhD, Gigi Holder, LCSW, MPH, MCHES®, Lauren Elliott, Elizabeth Hipp, Benjamin Lamb, and Adrienne C. Ross, for this educational activity have no relevant financial relationship(s) with ineligible companies to disclose.

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of South Carolina School of Medicine – Prisma Health–Midlands Continuing Medical Education Organization and the South Carolina Department of Mental Health. The University of South Carolina School of Medicine – Prisma Health–Midlands Continuing Medical Education Organization is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation: The University of South Carolina School of Medicine – Prisma Health–Midlands Continuing Medical Education Organization designates this **Other** activity (independent consultations) for a maximum of **7 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.